

TOBACCO-FREE YORK COUNTY

Vaping educational and interventional opportunities

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Policy Improvement



Assistance with organizational and public policies at workplaces, school districts, organizations, universities, churches, hospitals, apartment complexes, and at the state-level with adopting policies for tobacco-free and vape-free campuses.

CONTACT: TAMARA RAMER, AMERICAN HEART ASSOCIATION

Supportive services to assist and empower school administrators in their efforts to engage with district-level partners in adopting and changing policies related to tobacco/nicotine/vaping.

CONTACT: ADAM BENNETT, UPMC HANOVER OR LEAH NEIDERER, WELLSPAN HEALTH

Teacher/Faculty/Parent Education



Current Adolescent Drug Trends Training - This training is for anyone who works, has or cares about today's youth. This training goes over the root reasons youth might turn to substances, red flags we can look out for and ways to approach this situation. The training then dives into the many substances that are commonly being used, what they look like and even clothing with hidden drug references.

CONTACT: MATT NULL, ROXBURY TREATMENT CENTER

A presentation for parents, teachers and faculty, providing the latest information available, including- facts about e-cigarette products, regulations, restrictions and/or youth prevention campaigns and resources to help youth stop vaping. Each presentation is specifically tailored to meet the need of teachers and staff.

CONTACT: PAM MILLER AND ADAM BENNETT, UPMC

Youth Prevention - Elementary to Middle School



Age-specific classroom and small group presentations for students grades 3-8 providing education about the misperceptions surrounding vaping/e-cigarettes, nicotine and tobacco. Topics include health impact, media literacy, healthy lifestyle choices, and decision-making skills.

CONTACT: ADAM BENNETT, UPMC HANOVER

Student Assistance Program (SAP) tobacco trained staff available to middle school and high school students in York and Adams Counties. Can be engaged for vaping/tobacco prevention education and diversionary and treatment options.

CONTACT: SARAH LEHMAN, YADAC

Strengthening Families Program 10-14 is a free, seven-session family program that provides substance prevention and life-skills education for youth ages 10 through 14 and their parents.

CONTACT: ANDREW TEXTER, CHILDREN'S HOME OF YORK (CHOY)

Too Good for Drugs: a free evidence-based substance prevention program for youth in schools for grades kindergarten-12th grade. Education, decision making and prevention skills are provided in the curriculum to prevent substance use among youth.

CONTACT: SARAH LEHMAN, YADAC

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Youth Prevention - High School

A presentation for students grades 9 - 12, providing education about the misperceptions about vaping and e-cigarettes. It also includes peer-to-peer stories from the Real Cost Campaign.

CONTACT: PAM MILLER, UPMC SOUTHERN REGION

Age-specific classroom and small group presentations for students grades 9-12 providing education about the misperceptions surrounding vaping/e-cigarettes, nicotine and tobacco. Topics include health impact, media literacy, healthy lifestyle choices, and decision-making skills.

CONTACT: ADAM BENNETT, UPMC HANOVER

Support the organization and maintenance of a Tobacco Resistance Unit (TRU) - a peer-to-peer movement throughout PA - to help youth, ages 12 to 18 stay tobacco free. The group works together to become trained as mentors to educate fellow classmates and younger students about the dangers of vaping/tobacco/nicotine use.

CONTACT: LEAH NEIDERER, WELLSPAN HEALTH



INDEPTH : Alternative to Suspension

American Lung Association's INDEPTH® (Intervention for Nicotine Dependence, Education, Prevention, Tobacco and Health): An alternative to Teen Nicotine Suspension or Citation program is offered to students who face suspension for violation of school tobacco, vaping, or nicotine use policies in a supportive way. Instead of solely focusing on punitive measures, INDEPTH® is an interactive program that teaches students about nicotine dependence, establishing health alternatives and how to kick the unhealthy addiction that got them in trouble in the first place.

CONTACT: LEAH NEIDERER, WELLSPAN HEALTH



CONTACT INFORMATION

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