# Gur Stories...

Where we began, where we are now, and where we are going...

An interactive collection of our stories.





## Scan the QR codes when you see us pointing to them to watch a short video



Throughout this Annual Report we will be sharing our stories with you. Please scan the QR code with your smart phone to hear and see an interactive story about Children's Home of York and some of our stories.

Each QR code will tell a different story.







#### Welcome to our new Board Chair, CarrieAnn Frolio

One lesson learned during the past few years for non-profits is the importance of consistency in the delivery of services and the necessity for strategic evolution of those services. The pandemic disrupted child and teen development, affected families in a multitude of social and emotional ways, and resulted in challenges in recruitment for staff. Our charge as a Board has been to support and encourage the staff and leadership of Children's Home of York during these turbulent times, the impact of which we have yet to see in our community.

Our responsibility as a Board *moving forward* is to encourage strategic growth in response to the growing needs of at-risk friends and neighbors in our community. For over 158 years, Children's Home of York has solidified our role in this community to ensure high quality, comprehensive services and care for children. From orphanage to specialized treatment centers and foster care, as well as prevention programs, evolution of that care has been critical. The staff and leadership of Children's Home of York is committed to carry out our mission to empower children to thrive, strengthen families, and enrich communities. Their service to our community is invaluable and the Board is extremely grateful to each team member of Children's Home of York.

In the coming year, we will be developing a new strategic plan together. Alongside the rest of the Board and the leadership team, it is an honor to walk the path of strategic growth for the organization as Board President. The Executive Committee is determined to ensure that the voices of our team members and those we serve are heard during this process, to best inform the future impact of our work.

In gratitude and with high hopes for the future,

Carriean Frolio





#### Words from our President Ronald A. Bunce, LMSW

The team at Children's Home of York is excited to share our 2021-2022 annual report with you. This year, we decided to share stories from children and families whose lives were touched by services we provide. We hope this will provide our stakeholders and our community with a glimpse of the important role we play in the lives of our clients. The collection of stories herein represents the diversity of our programs. These stories also reflect the resiliency of children and families who receive the help they need when they need it most. We hope you will find them as inspiring as we did.

This year, Children's Home of York experienced challenges. We were especially affected by the national labor market crisis. Human services experienced greater challenges than many industries in attracting and retaining skilled workers. Most of our programs were affected, but our residential programs were impacted the most. Our programs also experienced the largest COVID outbreak since the pandemic began in 2020. Though managed well, the required quarantine period for clients and team members established by the CDC, impacted our ability to accept referrals. This resulted in a much lower census than last year and impacted our ability to bill for client services. We were able to acknowledge forgiveness of the funds received through the Federal Payroll Protection Program in this fiscal year, but the downtrend in the market resulted in an overall net loss for the organization.



Not unlike the children and families we serve, Children's Home of York demonstrated resiliency as we navigated these challenges. Our team has learned to develop strategy and adapt at a moment's notice. We wrote a successful proposal to develop a new level of care for some of York's children with the most complex needs. We achieved noteworthy site visits from our state regulatory bodies with near perfect results. The team also laid the groundwork to make strategic programmatic decisions in the upcoming year that will position us to meet emerging needs in a sustainable manner. With no shortage of need, Children's Home of York will spend the upcoming year assessing needs in our community that we are uniquely positioned to address. We look forward to yet another successful year serving children and families in need, just as those who came before us have for the last 158 years!

Ron Bunce

#### Our Leadership Team

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#### **Board of Directors**

CarrieAnn Frolio, Chair Rudy Kocman, Vice Chair Melissa Markey, Treasurer Zach Nahass, Secretary Dale Brickley Ashley Cherry **Brian Grimm** Chyenne Gunn Lindy Hitzel Tom Kaizar Miranda Jenkins Steve Klunk **Andrew Koplitz** Vicki Stewart **Natalie Williams** Ilya Yakovlev



#### Our History

Children's Home of York has a rich history and roots woven generations deep throughout the York community. In our early days, many knew of us as "The Home" or the orphanage with a presence on the corner of Philadelphia and Pine Streets. To those who needed us most, we were just called home. Established during the Civil War and for over 100 years thereafter, Children's Home of York operated as a traditional orphanage, characteristic of the time period. As the field of social science and child and family welfare expanded our understanding of the needs of children and the settings in which they flourish, Children's Home of York responded accordingly.

In the 1960's it became nationally recognized that there were better ways to care for children in crisis than large-scale institutional settings and the orphanage was demolished. Just prior to the demolition there was a movement towards smaller group homes that sought to mirror a family setting and Children's Home of York has embraced this model up until now. As science continues to provide new insights, we are learning much about trauma and adverse childhood experiences. We are better understanding that lifelong outcomes are more often than not improved when children remain emotionally and physically as close to their home, family, loved ones, school, faith tradition and community as possible.

Today, the agency provides a broad range of trauma informed programs and services that support the physical, psychological and sociological needs of children, young adults and families in York and surrounding counties. We continue to do so in small group settings where appropriate and seek to expand our supportive and preventative services in the future. We are preparing for this change in our service delivery model and we will evolve to meet both current and emerging needs of some of our most vulnerable children. Simultaneously, we will continue to develop approaches grounded in evidence-based practices known to positively impact lifelong outcomes of children. Children's lives depend upon our success and the support of our community.





#### BRIDGES<sup>™</sup> Partial Hospitalization Program

BRIDGES<sup>™</sup> is a partial hospitalization program for children and adolescents in grades 1 - 12 that are experiencing severe psychiatric symptoms and emotional disturbance. BRIDGES<sup>™</sup> offers a therapeutic milieu employing Sanctuary principles and provides intensive community-based treatment in conjunction with educational instruction from licensed Lincoln Intermediate Unit No. 12 teachers. BRIDGES<sup>™</sup> operates year round and consists of highly structured therapy and offers therapeutic education in conjunction with treatment services during the school year. Our students receive:

- Psychological/psychiatric evaluations completed upon admission
- Clients meet with a psychiatrist at least once a month and receive medication management through BRIDGES<sup>™</sup>PHP
- Individualized treatment plans created to meet mental health needs
- Treatment team meetings (meetings with all service providers and home school district personnel) occur every 20 days in order to update providers on the child's progress and prepare for discharge



#### A.N.G.E.L. Center

The A.N.G.E.L. Center (Advocacy Nurturance Guidance Empowerment Learning) is a licensed, trauma focused residential treatment facility for young women and transgender individuals. We specialize in treating Post Traumatic Stress Disorder in adolescents between the ages of 13 and 18.

While in our care, residents receive intensive therapy including individual, family, group, and expressive therapy modalities conducted by licensed social workers, licensed professional counselors, and/or Master's level clinicians. Educational services are provided on site in cooperation with the Lincoln Intermediate Unit No. 12. A.N.G.E.L. Center residents also learn independent living skills and effective coping strategies through therapeutic exercises, yoga and mindfulness, art and creative therapies, as well as an Equine Assisted Psychotherapy Program.





### Independent Living Program at George Street

The Independent Living Program at George Street is a community based therapeutic program for 15 21. Fach young men to resident ages participates in an individualized independent living curriculum focused on instruction, positive therapeutic interactions, and real life experiences. Residents work on developing pro-social, anger conflict management. and resolution skills. Residents also have access to treatment support and prevention services in the community. Residents learn basic skills such as cooking. cleaning, and doing laundry. Key independent living skills completing job applications. such as interviewing. maintaining employment, management, utilizing public transportation, and securing housing needs are also a focus.



#### RISE Program

The RISE (Reaching Independence through Support and Experience) Program is a community-based, specialized independent living skills residential program located within the Eastern York School District, in York, Pennsylvania. The RISE Program is approved to provide services for up to 2 individuals between the ages of 16 and 20 at the day of placement but can continue to provide services up to age 21 once admitted. RISE is a program for youth who require individualized 2:1 supervision due to their history of struggling to succeed in other residential settings and/or other lower levels of care. The program designed is to provide specialized independent living services and prepare the youth to either successfully live on their own as productive members of the community, or to return to their families better prepared to be a productive member of the family. In this specialized setting, the youth have the opportunity to learn and practice their independent living skills. Level based privileges allow the youth to practice skills and demonstrate responsibility and accountability in a community setting while supervised by program staff.



#### **Prevention Programs**

We offer numerous drug and alcohol prevention education programs. One of the programs is called Too Good For Drugs. This is a free program offered to schools in York County and taught by trained educators from Children's Home of York. Programs are available for youth in grades kindergarten - high school. The classroom program runs for 10 weeks: each lesson is approximately 45 minutes to an hour long. The curriculum is evidenced based and teaches drug prevention strategies while teaching life skills which include: goal setting, decision making. identifying and managing emotions, and resisting peer pressure. Additional strategies and skills are taught while using interactive lessons and activities.

We offer **Problem Gambling Prevention** education in York County for children and adolescents and for senior citizens. "Kids Don't Gamble...Wanna Bet?" curriculum is designed to help students develop the knowledge base and skills necessary to think more critically about gambling. The goal of this curriculum is to discourage underage gambling and improve critical thinking. We focus on the practical realities of gambling, the odds against the gambler, compulsive behaviors that develop with a gambling addiction, and the serious consequences associated with underage gambling. "Gambling Away the Golden Years" is a curriculum designed to educate seniors on the dangers of problem

gambling.

#### Prevention Programs (cont.)

Strengthening Families 10-14 is a seven session program for families with young adolescents that aims to enhance family protective and resiliency and reduce family risk related to processes adolescent substance abuse and other problem behaviors. This evidenced-based curriculum helps parents/caregivers learn nurturing skills support their children, teaches parents/caregivers how to effectively discipline and guide their youth, gives youth a healthy future orientation and an increased appreciation of their parents/caregivers, and teaches youth skills for dealing with stress and peer pressure.

(Personal Responsibility **PREP** Education Program) is for adolescents in Children's Home of York programs and several community-based PREP is designed to reduce the number of young people engaged in risk taking behavior by providing them with essential knowledge, attitudes, skills, motivation, and selfesteem. PREP helps teens make healthy choices through life skills and education topics such as

HIV/AIDS prevention, pregnancy prevention, and LGBTQIAPP+ issues. The program is designed to produce problem solving skills for HIV/AIDS prevention among high risk youth, particularly those susceptible to drug use and youth in correctional facilities. Last year, we also trained over 100 individuals in LGBTOIAPP+ topics.



#### Prevention Programs (cont.)

(IPT) The Integrated **Practice** Team established to coordinate community knowledge. expertise, and resources to develop a Family Action Plan (FAP) for York County families in crisis. The specific goals and action steps of the FAP are to ensure that the individual needs of client families are met while safely maintaining children in their own homes. The IPT process aims to empower, support, and promote healthy families by inviting community providers, family members and family supports to attend the IPT staffing meetings. The expected outcome is to positively impact our community by planning and integrating services to reduce and prevent children from being removed from their homes. We work to strengthen and maintain the integrity of the family unit, and ensure place for successful safeguards are in that reunifications when children have been placed outside their home.





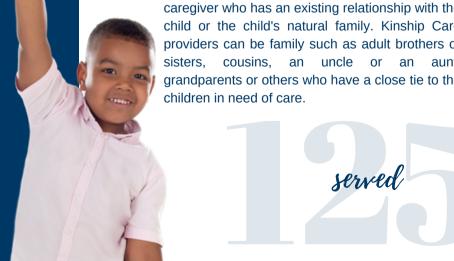


#### Foster Care and Adoption

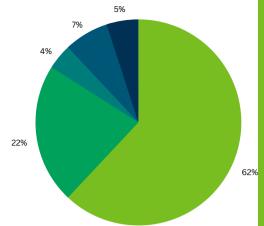
Permanency provides a variety of services for children and their biological, foster and/or adoptive families from birth through the age of 21. Our structured, specialized family environment provides intensive support with the goal of helping children in our care secure a permanent family as quickly as possible. We work closely with a pool of resource parents to provide a range of support services throughout Pennsylvania while working to ensure a stable, loving environment for the children in our care. We are able to offer diverse environments essential to the successful placement of children and sibling groups of all ages who have a variety of emotional and psychological needs.

Adoption Services are provided for youth who are referred by the Children and Youth Services Agency, for potential adoptive families who are self-referred or referred by county agencies, and for families who have adopted and desire post-adoption support. We work with county children and youth agencies to not only provide services to ensure the process is handled quickly and professionally, but also prepare and support the child and prospective family emotionally throughout the entire process.

Kinship Care creates another placement option for a child who many not be able to continue living at home with their parents. Kinship Care is when children who have been separated from their parents are temporarily placed in the home of a caregiver who has an existing relationship with the child or the child's natural family. Kinship Care providers can be family such as adult brothers or cousins, uncle an or an aunt, grandparents or others who have a close tie to the



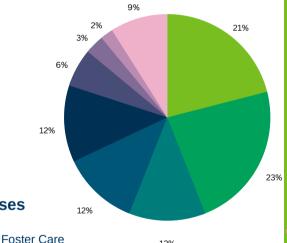
#### Financials 21-22 Review



#### **Program Revenue**

\$ 3,969,437	62%	Board fees & Program Funding
1,432,305	22%	Insurance/managed Care fund
287,650	4%	Diakon Services (SWAN)
430,840	7%	Other Local Svcs
329,423	5%	Grants

\$ 6,449,655



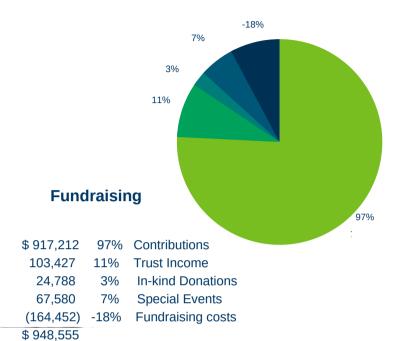
#### **Program Expenses**

\$ 1 492 790

Ψ 1,432,730	2170	rusiei Cale	12%
1,620,980	23%	Angel Center	
840,836	12%	Administration	
871,727	12%	Bridges	
857,774	12%	George Street	
394,343	6%	Adoption	
230,086	3%	Prevention Programs	
158,397	2%	IPT	
602,531	9%	RISE	
\$ 7,069,464			

\$ (619,809) Programmatic deficit

#### Fundraising 21-22 Review



#### **Other**

\$ (2,083,701)	Investment Income
(24,761)	Comm Foundation Trust
(426,329)	Beneficial Int in Trusts
955,861	PPP Loan Forgiveness
5,787	Gain on sale of property
78	Other Expense
\$ (1,573,065)	

\$ (1,244,319) Change in Net Assets



#### **Donor Recognition**

Our donors make our work possible. Without the tireless support of the community, we would simply be unable to continue to serve those entrusted to our care. The gifts of your time, funding, and resources are deeply appreciated as we continue our mission to strengthen families and enhance the lives of children and families within our community.

During the 2021-22 fiscal year, we participated in the 5th Annual Give Local York Event on Friday, May 6, 2022. We launched a social media campaign and an appeal mailing to help us raise more than \$32,000.00!

During this fiscal year we continued our partnership with United Way of York. Funding provided by United Way of York generously supported our Independent Living Program at George Street.

We also worked hard to refresh a few of our programs that needed updating. ILP at George Street and our A.N.G.E.L. Center received new flooring and slip covers to refresh some well loved furniture. Also new beds, mattresses, and dressers were purchased for ILP at George Street because of generous donations made through our 2021 Holiday Appeal.

We would like to thank each and every donor who gave to us during the 21-22 fiscal year. A list of our top 30 donors (in no particular order) is found on the next page.

If you would like to see the complete list of donors please scan the QR code on this page and see the compete list. If you feel your name is missing from this listing please contact our Development Department.



#### Thank You to our Top Donors

The Mr. & Mrs. Fred A. Werner Fund (Vanguard Charitable) Carol & Richard Wagman

J. William Warehime Foundation

Donald B & Dorothy L. Stabler Foundation
United Way of York County

Wells Fargo

Stewart & Tate - Stewart Foundation

**Apple Chevrolet** 

PeoplesBank

Anne & Philip Glatfelter III Family Foundation

**Graham Capital Company** 

M&T Bank

Capital Blue Cross

Robert & Julie Ream

The York Water Company

York County Community Foundation

The Bruce R. & Madelyn G. Snyder Foundation

Mary & Dan Dent Fund - The T. Rowe Price Program

**Christy Hartman** 

Fun 101.3

Ada Lecrone

Bert & Sarah Grentz

John & Mary Beth McGreevy

White Rose Leadership Institute

Glatfelter Insurance Group

**UPMC** Health Plan

Yoe Construction

David & Tina Bernhardt

FirstEnergy Foundation

Fulton Bank, N.A.



#### Donor Recognition - EITC

The EITC (Educational Improvemnt Tax Credit) Program is a very important program for Children's Home. Our BRIDGES Program depends on the generous donations made by companies through the EITC Program. During the 2021-2022 fiscal year \$116,500 of funding came from the EITC program. If you are interested in becoming an approved EITC donor please contact the Development Department.

The following businesses generously gave to Children's Home of York through the EITC program and we would like to recognize them and say "Thank you".

Capital Blue Cross
The York Water Company
York Traditional Bank
Wells Fargo Bank
PeoplesBank
Truist Financial
UPMC Helath Plan
M&T Bank
Weis Markets Inc.
Fulton Bank, N.A.
Apple Chevrolet
Graham Capital Company

Scan here to watch an EITC webinar that Children's Home of York, York Economic Alliance and Pennsylvania Department of Community and Economic Development partnered on to inform and teach businesses the process to become an EITC donor.







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www.ChildrensHomeofYork.org

#### Our Programs

Integrated Practice Team (IPT) ° BRIDGES ° A.N.G.E.L.
Center ° Independent Living Program at George Street °
RISE Program ° Adoption Services ° Foster Care °
Strengthening Families 10-14 ° Prevention Services °
Emergency Respite Care











